Faysal Aziz

COBIT 2019 Foundation

One-Day Intensive Course Outline

FA-0133 · One-Day

Mainframe & Enterprise Systems

Introduction

COBIT® 2019 remains the most widely recognized framework for governing and managing enterprise information and technology. Organizations today are under constant pressure to demonstrate value delivery from IT while maintaining risk discipline, regulatory compliance, and operational resilience. COBIT 2019 addresses this challenge by providing a structured yet flexible governance system that aligns IT activities with business objectives across industries and organizational sizes.

This course is designed for professionals who do not want a theoretical walkthrough of governance concepts, but a clear, practical understanding of how COBIT is actually used in modern enterprises. The training focuses on how governance decisions are structured, how management objectives translate into real organizational controls, and how COBIT 2019 improves upon earlier versions by emphasizing design factors, performance management, and adaptability.

The instructor delivering this course brings over 30 years of hands-on industry experience across IT governance, audit, risk management, compliance, and enterprise transformation initiatives. Rather than approaching COBIT from an academic or checklist-driven perspective, the instructor draws from real-world implementation scenarios, regulatory environments, and board-level governance expectations. Participants benefit from industry-demanded insights that reflect how COBIT is evaluated by auditors, regulators, and executive leadership, not just how it is described in textbooks.

This one-day intensive format is optimized for certification success without sacrificing conceptual depth, ensuring participants leave with both exam readiness and a governance mindset they can apply immediately in their organizations.

Learning outcomes

By the end of the course, participants will be able to:

- Explain what COBIT 2019 is and why it’s important for IT governance

- Identify and describe the key COBIT 2019 principles for both governance systems and frameworks.
- Understand the governance system components and how they interrelate.
- Recall the 40 governance and management objectives and their roles.
- Discuss performance management concepts in COBIT 2019.
- Describe how to tailor a governance system using design factors.
- Summarize implementation concepts and the business case for COBIT.

Prerequisites

No formal prerequisites are required for this Foundation course, though basic understanding of IT governance or enterprise IT processes is helpful.

Training outline

1. 1. Course Introduction

- Welcome, training objectives, and certification exam overview
- How COBIT's Foundation certification fits into IT governance careers

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2. 2. COBIT 2019 Framework Introduction

- Purpose and scope of COBIT 2019
- Relationship with business goals and IT goals
- Overview of the COBIT product family and core publications
- Differences from previous COBIT versions (e.g., COBIT 5)

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3. 3. COBIT Principles

Governance System Principles:

- Provide stakeholder value
- Holistic approach
- Dynamic governance system
- Tailored for enterprise needs

Governance Framework Principles:

- Based on a conceptual model

    - Aligned to major standards
    - Open and flexible

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4. 4. Governance System and Its Components

The seven components of a governance system

- Processes
- Organizational structures
- Policies, principles, and procedures
- Information flows
- Culture, ethics, and behavior
- People, skills and competencies
- Services, infrastructure & applications

- Goals cascade and alignment of enterprise goals with IT goals
- Introduction to focus areas and design factors

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5. 5. Governance and Management Objectives

The COBIT core model's 40 objectives overview

- Governance objectives
- Management objectives across domains (APO, BAI, DSS, MEA, etc.)

- How objectives help structure control and governance activities

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6. 6. Performance Management Concepts

- Understanding performance measurement in COBIT 2019
- Capability and maturity perspective basics
- How performance ties to objectives and process outcomes

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7. 7. Designing a Tailored Governance System

- Why tailoring matters for your organization
- Using design factors to influence design choices
- Steps in creating a governance system adapted to context

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8. Implementation Principles

- Overview of implementation guidance from COBIT
- High-level implementation phases
- Key considerations for adoption and continual improvement

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8. 9. COBIT Business Case and Exam Preparation

- Building a business case for COBIT adoption
- Tips for the Foundation exam: structure, question types, passing strategies
- Practice questions and review of key concepts

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